



Presents

2010 VariYoga™ Teacher Training with *Andrea Fournet & Bryan Fowler*

Sessions Begin Feb 20th, 2010

*Are you interested in furthering your knowledge of Yoga,
or becoming a certified Yoga Teacher?*

Our 2010 Teacher Training begins Feb 20th, 2010.

*Sessions Include weekend Teacher Training Intensives, Anatomy and Physiology Module,
Workshops, 40 Classes and Practicum Sessions at AYC, for a total of 200 hours.*

See www.aryoga.com/teachertraining for session descriptions.

EARLY BIRD SPECIAL!
REGISTER BEFORE FEB 1st, 2010
With your Visa or MC for only \$2850
With Cash or Check for only \$2795
After Feb 1st 2010, registration is \$2995

Send Payment and Registration to:
Arkansas Yoga Center
1949 Green Acres Road
Fayetteville, AR 72703

*For more info, visit our website at www.aryoga.com
or call 479-521-YOGA (9642)*

8 Weekend Intensive Schedule (10 Hours each)

Saturdays Noon 'til 5:00pm

Sundays 9:00am 'til 2:00pm

2010 Dates: Feb 27-28, March 6-7, 20-21,
April 10-11, 17-18, 24-25, May 8-9, 15-16

Workshop Schedule

VariYoga Workshop Feb 20-21, 2010
Karl Straub Workshop March 26-28, 2010

Anatomy Module (6 hours each)

Saturdays 9am-Noon, 1pm-4pm

Summer 2010 Schedule

June 19, July 17, Aug 21, Sept 18

This training provides up to 200 hours toward AYC teacher certification, Yoga Alliance registration, and CEUs.

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Cell _____
E-mail _____

Payment Type: Check _____ Cash _____ Money Order _____
Visa or M/C # _____ exp _____

EARLY BIRD SPECIAL Full Registration

With Visa or Mastercard **\$2850** _____

With Cash or Check **\$2795** _____

Class Sizes are Limited. Your **\$300 deposit** secures your place _____

DO NOT MAIL CASH

Full registration after February 1st, 2010 is \$2995

Early Bird Special Balance Due On Or Before February 1st, 2010

Cancellations after February 1st subject to \$50 admin fee

Non Early Bird Special Balance Due On Or Before Feb 8th, 2010

Not Seeking Certification? Individual Weekends and Sessions are also available

Visit www.aryoga.com/teachertraining for more info

Registration

Send This Portion In
With Payment

